

***THE RELATIONSHIP BETWEEN SELF-ESTEEM AND CLIMBING
MOTIVATION AMONG MOUNTAIN CLIMBERS IN JOMBANG***

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ABSTRACT

This research aims to determine the relationship between self-esteem and mountain climbing motivation among mountain climbers in Jombang. Self-esteem is an individual's opinion about his or her worth which is expressed in an attitude of acceptance or rejection which shows the extent to which the individual believes that he or she is capable, meaningful and valuable. The subjects in this research were mountain climbers with an age range of 19-25 years in Jombang, totaling 120 respondents. The data collection technique was carried out online using Google Form using purposive random sampling technique. Based on the results of the Spearman's Rho correlation test analysis, a correlation value of $r = -0.148$ was obtained and a significance value of 0.000 ($p < 0.05$). This shows that there is a significant negative correlation between self-esteem and mountain climbing motivation among mountain climbers in Jombang.

Key words: self-esteem, motivation to climb mountains, mountain climbers.