

## ABSTRACT

Hamidah, Putri Bahiyah Nur. Effectiveness of Behavioral Counseling Services with Self Management Techniques to Reduce Truant Behavior in Middle School Students. Thesis, Faculty of Teacher Training and Education, Guidance and Counseling Study Program, Darul 'Ulum University, Jombang. Supervisor: (I), Prof. Dr. Tadjoe Ridjal, M.Pd (II), Vishnu Kurniawan, M.Pd.

**Keywords:** Behavioral Counseling, Self-Management, Truant Behavior.

This research aims to determine the effectiveness of Behavioral counseling services using Self-Management techniques to overcome the truant behavior of class VII students at SAINS Miftahul Huda Middle School. The location of the research was at Miftahul Huda SAINS Middle School, the population consisted of 3 classes consisting of classes VII, VIII, IX. The sample taken in this research was 12 students consisting of 6 experimental class students and 6 control class students. The sampling technique was carried out using a purposive sampling technique.

This type of research is quantitative in the form of a quasi experimental design with the design used in this research being a nonequivalent control group design. In the two groups, both pretests and posttests were carried out. This research focuses on the effectiveness of Behavioral counseling services with Self-Management techniques to overcome students' truant behavior with the data collection technique used, namely questionnaires.

As for the results, it can be seen that the experimental calculated  $z$  value  $> z$  control table ( $-2.201 > -2.206$ ), this shows that  $H_0$  is rejected and  $H_a$  is accepted. Apart from that, it was found that the average class posttest score in the experimental class was a greater decrease than the control class ( $43.5 \leq 73$ ). If we look at the results obtained, the decline in the experimental class is higher than in the control class. Thus, it can be stated that Behavioral counseling with Self-Management techniques can overcome the truancy behavior of class VII students at SAINS Miftahul Huda Middle School.