### THE INFLUENCE OF EMOTIONAL MATURITY IN FACING

# QUARTER LIFE CRISIS AMONG STUDENTS IN JOMBANG

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#### **ABSTRACTION**

This research aims to determine the influence of emotional maturity in facing the quarter life crisis in students. The hypothesis proposed in this research is that there is an influence of emotional maturity in facing the quarter life crisis on students. The research method used in the research is a quantitative method. The subjects in this research were 104 students aged 19-25 years who were not yet working in the city of Jombang using purposive sampling. The instruments used in this research were the emotional maturity scale and the quarter life crisis scale. This research uses product moments which are used to analyze data obtained using the SPSS (Statistical Package for the Social Science ) program. The results of the hypothesis test obtained the correlation coefficient r xy of -0.751 with a significance of 0.000 (p<0.01). This shows that there is a significant negative correlation between emotional maturity and quarter life crisis, the higher the emotional maturity, the lower the individual's experience of quarter life crisis. The hypothesis in this research is accepted.

Keywords: Emotional Maturity, Quarter Life Crisis