RELATIONSHIP BETWEEN EMOTIONAL MATURITY WITH SELF-ADJUSMENT IN ADOLESCENTS AT JOMBANG

NUR LAILY RIZQIYAH

Fakultas psikologi Universitas Darul'Ulum 2023

ABSTRAKS

Self-adjustment is a process when the individual tries to meet the needs within himself that is done continuously to get a more appropriate relationship between himself and his environment. Subjects in this study amounted to 62 adolescents aged 17-24 years in the city of Jombang. Data retrieval technique is done online with google form using purposive random sampling technique. Data analysis used in this study is the correlation of Product Moment. Based on the hypothesis test results obtained correlation coefficient rxy = 0.823 with significant 0, 000 (p<0, 01). This shows that there is a very significant positive correlation between emotional maturity and self-adjustment.

Keywords: Emotional maturity, Self-adjustment