HUBUNGAN ANTARA WORK FAMILY CONFLICT DENGAN LIFE SATISFACTION PADA PEREMPUAN BEKERJA DI RS. X

MOHAMMAD CHOIRUL HUDA 212373201002

FAKULTAS PSIKOLOGI UNIVERSITAS DARUL 'ULUM JOMBANG

ABSTRACT

This study is motivated by the phenomenon of working women who struggle to balance their roles in the workplace and family domains, leading to work-family conflict. The conflict that occurs can be related to individual life satisfaction. The purpose of this study is to investigate the relationship between work-family conflict and life satisfaction among female workers. This study uses a quantitative approach and purposive sampling technique to collect data from 73 working women. Data collection was conducted using work-family conflict and life satisfaction scales. The data were analyzed using the product moment correlation test, which yielded a correlation coefficient of -0.568 (r = -0.568) with a significance value of 0.001 (<0.05). The results of this data processing show that there is a significant negative relationship. This can be interpreted that the higher the dual role conflict experienced by female workers, the lower the life satisfaction of female workers. Vice versa, when the dual role conflict of female workers is low, the life satisfaction of female workers will be high

Kata Kunci: Work Family Conflict, Life satisfaction, Female Workers