

# HUBUNGAN *SELF EFFICACY* DENGAN ORIENTASI MASA DEPAN REMAJA

**ADITYA CAHYADI**  
**182373201054**

**Fakultas Psikologi**  
**Universitas Darul ‘Ulum Jombang**

## **ABSTRAKS**

Penelitian ini bertujuan untuk mengetahui hubungan antara *self efficacy* dengan orientasi masa depan remaja. Metode penelitian yang digunakan adalah kuantitatif dengan melibatkan 104 siswa/siswi kelas XII SMA Darul Ulum 1 Unggulan Peterongan, teknik pengambilan sampel yang digunakan adalah *purposive random sampling*. Data penelitian dikumpulkan dengan menggunakan skala *self efficacy* dan skala orientasi masa depan remaja. Berdasarkan hasil perhitungan teknik analisis Korelasi *Product Moment* dari Pearson pada program *Statistical Package for Sosial Sciense* (SPSS) Versi 20. Berdasarkan hasil penghitungan diperoleh nilai koefisien korelasi  $r_{xy}$  sebesar 0,755,  $p = 0,000$  ( $p < 0,05$ ), menunjukkan ada hubungan positif yang signifikan antara *self efficacy* dengan orientasi masa depan remaja, yaitu semakin tinggi *self efficacy* maka semakin tinggi orientasi masa depan remaja SMA Darul Ulum 1 Unggulan Peterongan. Berdasarkan hasil penelitian tersebut dapat disimpulkan bahwa hipotesis penelitian ini diterima.

Kata kunci : orientasi masa depan, *self efficacy*, remaja.

# **HUBUNGAN *SELF EFFICACY* DENGAN ORIENTASI MASA DEPAN REMAJA**

**ADITYA CAHYADI**  
**182373201054**

**Fakultas Psikologi**  
**Universitas Darul ‘Ulum Jombang**

## **ABSTRAKS**

This research aims to determine the relationship between self-efficacy and adolescents' future orientation. The research method used was quantitative involving 104 students of class XII SMA Darul Ulum 1 Unggulan Peterongan, the sampling technique used was purposive random sampling. Research data was collected using a self-efficacy scale and a youth future orientation scale. Based on the calculation results of the Product Moment Correlation analysis technique from Pearson in the Statistical Package for Social Science (SPSS) Version 20 program. Based on the calculation results, the  $r_{xy}$  correlation coefficient value is 0.755,  $p = 0.000$  ( $p < 0.05$ ), indicating that there is a positive relationship. There is a significant relationship between self-efficacy and teenagers' future orientation, that is, the higher the self-efficacy, the higher the future orientation of teenagers at Darul Ulum 1 Unggulan Peterongan High School. Based on the results of this research, it can be concluded that this research hypothesis is accepted.

Keywords: future orientation, self-efficacy, teenagers.