

ABSTRACT

Anggi Wulandari. 2024. *Development of a Counseling Model Based on the Teachings of Mahatma Gandhi.* Thesis. Guidance and Counseling Study Program. Faculty of Teacher Training and Education. Darul Ulum University Jombang. Supervisor (I) Dr. Bakhrudin All Habsy, M.Pd and (II) Dr. Ely Roy Madoni, M.Pd., Kons.

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This research is titled "Development of a Counseling Model Based on Mahatma Gandhi's Teachings." The primary objective of this study is to develop a counseling model that integrates the values of Mahatma Gandhi's teachings such as ahimsa (non-violence), satya (truthfulness), brahmacharya Swadeshi and Seva Darma to help students address their personal and academic issues. This research employs a qualitative approach with a model development method involving material experts and media experts in the validation of the resulting product.

The initial phase of the study involved literature review and in-depth interviews with counseling and education experts to identify key principles of Gandhi's teachings relevant to counseling. The developed counseling model was then tested through simulations and feedback from experts to ensure its effectiveness in an educational context. The research findings indicate that the counseling model based on Mahatma Gandhi's teachings is effective in helping students develop skills in self-control, truthfulness, empathy, and simple living. Additionally, this model creates a peaceful and supportive counseling environment where students feel safe to share their feelings and challenges. Implementing this model in schools can strengthen students' character and motivate them to become better individuals and contribute positively to society. The study concludes that applying Gandhi's values in counseling can be an effective approach for students' personal development. Recommendations for further research include conducting broader scale trials and involving various educational contexts to comprehensively measure the effectiveness of this mode